

Course Title	Content Partner	Hours
Active Release/Deep Tissue Techniques for the Quadratus Lumborum	Peggy Lamb	2
Anatomy and Physiology: Integumentary, Skeletal, Muscular, Nervous, Cardiovascular and Lymphatic Systems	Cynthia Diaz, OT	6
Aromatherapy for Health Professionals	Cynthia Howard, RN, CNC, PhD	2
Assessing and Treating Musculoskeletal Disorders through Therapeutic Yoga Techniques	Chrys Kub, PT, E-RYT 500	2
Bullying Behavior in the Healthcare Workplace	Amy Burzinski, L.I.S.W	1
Child Abuse & Neglect: Recognizing and Responding to Hurtful & Harmful Behavior	Amy Burzinski, L.I.S.W	3
Chronic Pain Overview: Diagnosis and Management of Fibromyalgia & Myofascial Pain	Theresa Schmidt, DPT, MS, OCS, LMT, CEAS, CHY, DD	2
Communication Techniques for the Interdisciplinary Patient Care Environment	Sana Donofry	1
Compression Therapy: Applications for Lymphedema	Carmen Thompson, BS, LPTA, CMT, CLT	3
Corrective Exercise: Optimize the Nervous System for Complete Functional Restoration	Arianne Missimer, PhD, DPT, RD, RKC, CSCS	3
Cultural Diversity and Implications in Pain Management	Joy Siegel, EdD	1
Deep Tissue Techniques for the Iliopsoas and Secondary Thigh Flexors	Peggy Lamb, MA, LMT, NCTMB	3
Eastern Medicine Energy Principles: Practical Applications for Massage Therapists	Val Nardo, PhD, LMT,	4
Effective Evaluation and Treatment for Common Orthopedic Diagnoses of the Upper Extremities	Cynthia Diaz, OT	8
Effective Online Marketing Techniques for Massage Practices	Stephan Shipe	3
Energy Anatomy & Physiology in Medicine	Ginger Garner, MPT, ATC, PYT, ERTY500	2
Ethics in Therapeutic Presence	Suzanne Scurlock-Durana, CMT, CST-D	4
Ethics, Compliance and Consequences	Lisa Milliken, MA, CCC-SLP	3
Evaluation and Treatment of Adhesive Capsulitis: A Paradigm Shift	Robert McCabe, MS, DPT, OCS	1

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Evaluation and Treatment of Non-surgical and Surgical SLAP Disorders	Robert McCabe, MS, DPT, OCS	2
Evaluation and Treatment of the Adolescent Overhead Athlete	Robert McCabe, MS, DPT, OCS	2
Evidence Based Myofascial and Craniosacral Therapy Interventions	Theresa Schmidt, DPT, MS, OCS, LMT, CEAS, CHY, DD	4
Fibromyalgia and Myofascial Pain Syndromes: Evidence-Based Functional Interventions and Examination	Theresa Schmidt, DPT, MS, OCS, LMT, CEAS, CHY, DD	3
Flex Ability: Improving Functional Mobility With Stretching	Theresa Schmidt, DPT, MS, OCS, LMT, CEAS, CHY, DD	2
Full Body Presence: Enhancing Palpation & Treatment Outcomes	Suzanne Scurlock-Durana, CMT, CST-D	3
Geriatric Massage: Evidence Based Approach to Improve Functional Outcomes and Quality of Life	Theresa Schmidt, DPT, MS, OCS, LMT, CEAS, CHY, DD	2
Hands on Help for Headaches: Reducing Frequency & Intensity	James G. Menz, MS, LMT, CSCS	2
Healing Sound Principles: Fundamental Theory and Practice	Mark Torgeson	4
HIV and AIDS: Relevant Information for Massage Therapists	Lu Mueller-Kaul, LMT, MA	1
Incorporating Clinical Practice Guidelines into Program Design for Treating Low Back Pain	Theresa Schmidt, DPT, MS, OCS, LMT, CEAS, CHY, DD	2
Integrated Neuromuscular Re-education: Positional Release	Theresa Schmidt, DPT, MS, OCS, LMT, CEAS, CHY, DD	4
Introduction to Scar Management	Nancy Keeney Smith, LMT, MLD	3
Leadership Guide to Handling Conflict, Giving Feedback and Engaging Your Team	Cynthia Howard, RN, CNC, PhD	2
Low Back Pain Treatment for Health and Fitness Professionals	James G. Menz, MS, LMT, CSCS	4
Lumbar Spine: Injury Prevention	Chad Hensel, PT, DPT, MHS, CSCS	3
Manual Therapy for Instant Relief: Effective Techniques for Neck and Shoulder Dysfunction	Lu Mueller-Kaul, LMT, MA	2
Marketing Essentials For Healthcare Professionals	Jennifer Michelle	2

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Marketing Your Massage Practice: Staying A Step Ahead Of The Competition	Stephan Shipe	4
Massage Practice Management: Cornerstones To A Successful Massage Therapy Practice	Stephan Shipe	6
Massage Therapy Finances: From Business Plans to Balance Sheets	Stephan Shipe	4
Medical Therapeutic Yoga for Affecting Osteoarthritis and Digestive Health	Ginger Garner, MPT, ATC, PYT, ERTY500	4
Muscle Energy Technique (MET) & Proprioceptive Neuromuscular Re-education (PNF)	Theresa Schmidt, DPT, MS, OCS, LMT, CEAS, CHY, DD	4
Music and Sound in Medicine	Ginger Garner, MPT, ATC, PYT, ERTY500	3
Myofascial Release Clinical Applications - Lower Body	Theresa Schmidt, DPT, MS, OCS, LMT, CEAS, CHY, DD	4
Myofascial Release Clinical Applications - Upper Body	Theresa Schmidt, DPT, MS, OCS, LMT, CEAS, CHY, DD	5
Myofascial Yoga: Creating Resonance and Release	Chrys Kub, PT, E-RYT 500	2
Orthopedic Mythbusting	Lu Mueller-Kaul, LMT, MA	3
Overcoming Compassion Fatigue: When Helping Hurts	Amy Burzinski, L.I.S.W	1
Postural Assessment & Therapeutic Yoga Prescription	Chrys Kub, PT, E-RYT 500	2
Practical Applications of Manual Lymphatic Therapy	Carmen Thompson, BS, LPTA, CMT, CLT	4
Preventing or Healing, Where are you? Burnout Prevention for the Healthcare Professional	Jennifer Michelle	2
Professional Ethics: The Foundation For A Successful Massage Practice	Lu Mueller-Kaul, LMT, MA	3
PTSD from a Trauma-Centered Perspective: Caring for Afflicted, and Addicted Clients	M.T. Webb, LMSW	2
Qi Gong and Tai Chi : Self Care for the Massage Therapist	Val Nardo, PhD, LMT	4

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Real Life Ethics: True Stories and Examples from the Massage Practice	Lu Mueller-Kaul, LMT, MA	2
Releasing The Rotator Cuff: Deep Tissue Massage Strategies	Peggy Lamb, MA, LMT, NCTMB	3
Resilience and Emotional Intelligence Training: Combating Stress in the Healthcare Workplace	Cynthia Howard RN, CNC, PhD	5
Scars and Lymphatics: A Primer for Body Work	Nancy Keeney Smith, LMT, MLD	4
Sensory Brain Development: Critical Information and Science Based Approaches You Need to Know	Cathy Holway, PT, DPT	6
Skeletal Muscle Function and Movement Analysis	James G. Menz, MS, LMT, CSCS	5
Stress Management During Turbulent Times: Understanding, Treating and Managing Stress	Amy Burzinski, L.I.S.W	2
Stretching Physiology, Techniques and More	Peggy Lamb, MA, LMT, NCTMB	3
Structural Integration 1: Evaluating Posture and Movement	Lu Mueller-Kaul, LMT, MA	3
Structural Integration 2: Techniques for Neck, Shoulders & Low Back	Lu Mueller-Kaul, LMT, MA	3
Structural Integration 2: Techniques for Neck, Shoulders & Low Back*	Lu Mueller-Kaul, LMT, MA	3
The Kinetic Link Between the Core and Extremities	John O'Halloran, PT, DPT, OCS, Cert MDT, LATC, CSCS (Retired)	4
Therapeutic Communication with Clients	Sana Donofry	1
Therapeutic Massage for Burn Scars	Nancy Keeney Smith, LMT, MLD	4
Therapeutic Yoga 1: Introduction into Yoga Risks and Benefits	Lu Mueller-Kaul, LMT, MA	3
Therapeutic Yoga 2: Basic poses with modifications	Lu Mueller-Kaul, LMT, MA	2
Touch Therapy: An Introduction to Infant Massage	Cassandra Woods, DPT	8
Treating Common Problem Areas with Deep Tissue Massage	Val Nardo, PhD, LMT,	4
Using Pilates as a Tool for Rehabilitation	Ann Marie Turo, OTR/L	3
What is CranioSacral Therapy?	Melinda Roland, MA, PT, LAc, OMD	3
What is Cultural Competency?	Joy Siegel, EdD	1
When Love Turns Violent: Recognizing, Treating and Preventing Domestic Abuse	Amy Burzinski, L.I.S.W	3

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Specialty/ State-Required CE Courses

Course Title	Content Partner	Hours
Advance Directives – Ethics and Management	Sharon Finch O'Maley, Shirley A. Aycock, DNP, RN	1
Ethics, Compliance and Consequences	Lisa Milliken, MA, CCC-SLP	3
Ethical Considerations for Palliative Care	Sharon Finch O'Maley, Shirley A. Aycock, DNP, RN	1
HIV/AIDS – What You Need to Know	Anne Osborn, PT, MPT, Rebecca J. Stigall, BS	1
HIV and AIDS: Relevant Information for Massage Therapists	Lu Mueller-Kaul, LMT, MA	1
Florida Massage Therapy Laws and Rules	Anne Osborn, PT, MA, Rebecca J. Stigall, BA	2
Medical Errors Prevention	Sharon Finch O'Maley	2

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